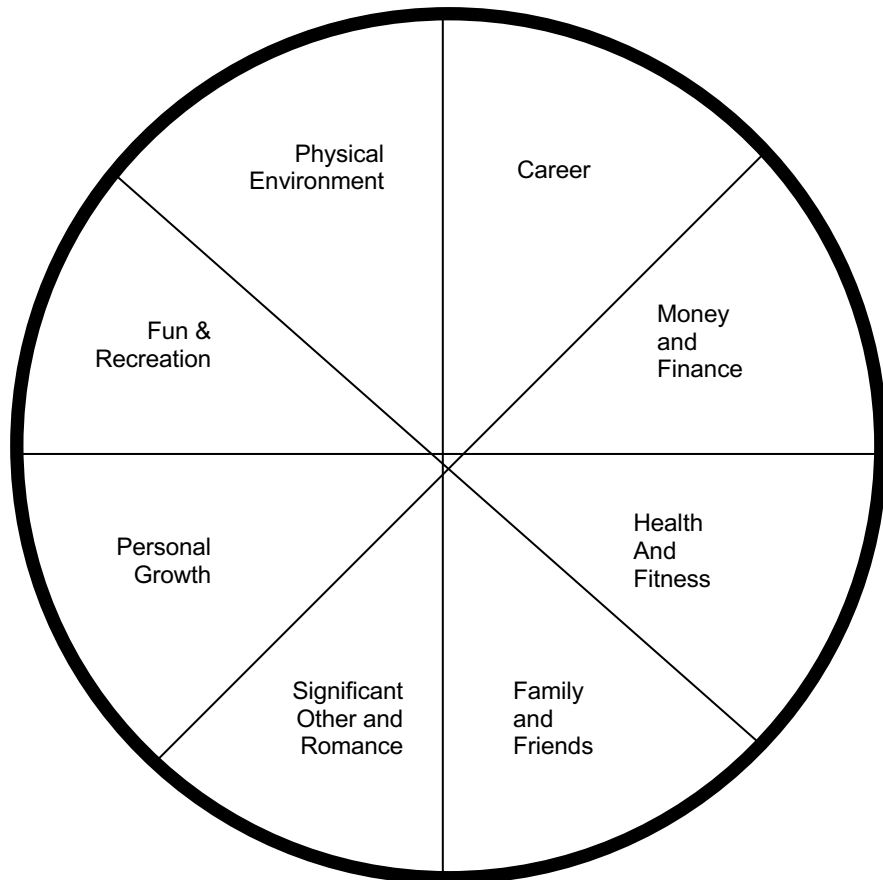


Circle of Life



The 8 sections in the Circle of Life represent a balance life. Rank how satisfied you are in each area of your life. See the center of the circle as 0 and the outer edge as 10 and draw a straight or curved line to create a new outer edge. You can also write the # you assign to each section i.e. Health & fitness may rank a 7 out of 10. Where you draw your lines is the new perimeter of your Circle of Life as you see it today.